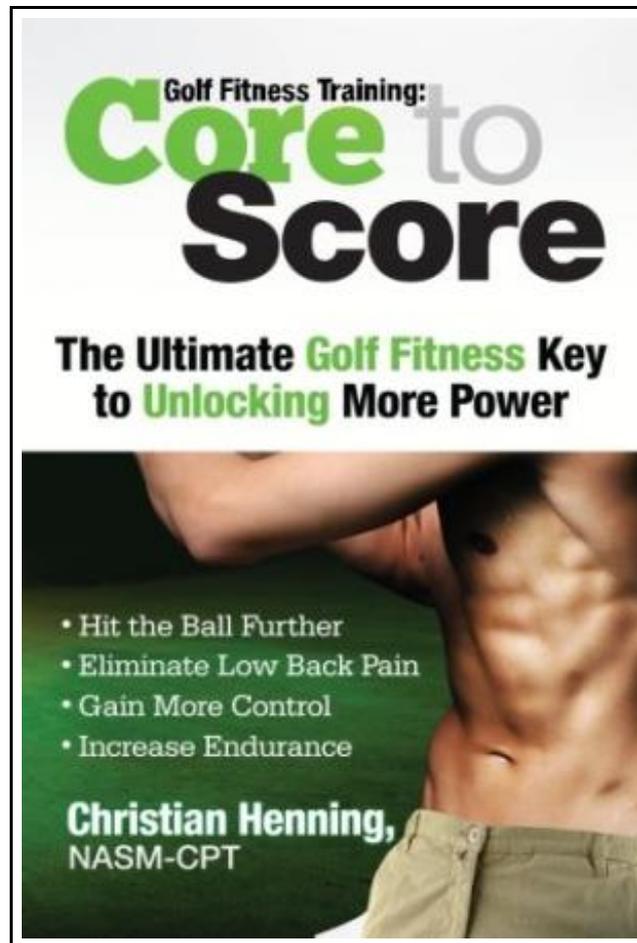


## Golf Fitness Training: Core to Score



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### ***Reviews***

*This publication is definitely not simple to begin on studying but really exciting to read. It is actually rally fascinating throug reading time. Your life span will be enhance when you complete looking at this publication.*

*(Laurence Littel)*

## GOLF FITNESS TRAINING: CORE TO SCORE



CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 274 pages. Dimensions: 8.9in. x 6.0in. x 0.9in. If you've been playing golf for long, you know its true that size doesn't matter! You've seen puny punks blast drives deep down the middle and you've seen short, skinny fellows bomb their drives 300 yards or more. Hopefully you haven't suffered the humiliation of being badly outdriven by some scrawny golfer that looks like he hasn't eaten in a month! It used to happen to me on a regular basis but not anymore! I got so sick and tired of being called a short knocker that I decided to do something about it. And after years of intense and exhaustive research, I finally discovered the simple secret to adding 30 yards (or more) to your drives faster than you ever imagined possible. I've distilled what it took me years to learn into this easy to follow book. And, I'm going to share what I learned so you can quickly and easily add distance to your tee shots and hit your drives L-O-N-G and straight. As it should be! In fact, you'll add distance to every club in your bag. First I need to explain something: If you're not bombing your drives deep down the middle of the fairway, attacking pins with short irons, and shoot the low scores you deserve to be shooting, it's NOT your fault. You've been misled (just like I was) by golf instructors, equipment manufacturers, and the golf media who make this simple game sound as complicated as nuclear physics! Trust me, it's not that difficult. It's not in the golf industry's best interests for you to know the truth. The longer they can keep you confused, frustrated, and on a constant search for...



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